

First Lady Obama activity

As mentioned, we will continue to message SEL skills in our communication. SEL and Warm Demander is our through line, our way to put into action our foundational beliefs around equity and oppression In the QAP under Teaching and Learning, SEL skill building practices; 2a speaks of staff support growth mindset through language and encouragement. Our next activity is one example of using language to encourage our students. We will listen to our former First Lady celebrate the beginning of a new school year.

As we listen to our former First Lady, listen for SEL language also listen for the personal warm demander. Again, the warm demander is language that projects high standards, offers emotional support.

Before we begin watching the video, please:

- Take a piece of paper**
- Draw a + and label each box with one of the four constructs (see slide visual)**
- Watch the video and take SEL language cues from our first lady and write them in one of the four quads**
- If you miss some of the speech, there is a scribed copy on the table to support you**

Now turn to an elbow partner and do a pair/ share of what you heard with what your partner heard. What resonated for you around a particular SEL competency? What did you identify as Warm Demander language?

This is a great activity to use as a PD (professional development) to begin conversation around SEL language and , imbedding SEL in our daily language for the growth of staff and importantly for our students.

The next slide will show some possible answers for the 4 constructs and warm demander.